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Mar 22, 2014 Professor Richard Johnson is a physician and researcher at the University of Colorado, Denver.

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High- fat and high-sucrose (western) diet induces

* Address reprint requests to: Richard J. Johnson, M.D., University of Colorado Denver, (Rodale, 2008) and The Fat Switch (Mercola.com, 2012),

Book review: the sugar fix richard j. johnson,

Book Review: The Sugar Fix Richard J. Johnson, MD. by Joanne. in Nutrition and Diets, Weight Loss. (that saturated fat and cholesterol cause heart disease)

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Article metrics for: endogenous fructose

Richard J. Johnson 1, 9, Journal name: Nature Communications Volume: 4, Article number: Metabolic syndrome: F stands for fructose and fat. Costas A. Lyssiotis,

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The Fat Switch: Flipping the Switch for Weight Loss and Optimal Health

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