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Theory And Practice By Michael Neenan**

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A Primer on Rational Emotive Behavior Therapy: Windy Dryden, DiGiuseppe, Michael & Neenan: but this book is by far the best intro to the theory I have seen.

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Rational- emotive therapy and cognitive behavior

General or nonpreferential rational-emotive therapy Bioenergetic assertive techniques for behavior therapists. Advances in Behavior Therapy 1973,4 241 253.

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Rational emotive behaviour therapy (REBT) views human beings as responsibly hedonistic in the sense that they strive to remain alive and to achieve some

Cognitive behavioural therapy, rebt by windy

are a number of different approaches within the CBT tradition and the one that best explains the way I work is known as Rational Emotive Behaviour Therapy

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AEI s therapeutic approach is based on rational emotive behavior therapy Announcement from Kristene A. Doyle, Ph.D. Director of the Albert Ellis Institute

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