

**My Recovery: A Personal Plan For Healing By Charles
Whitfield**

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Charles L. Whitfield is an American medical doctor in private practice specializing in assisting survivors of childhood My Recovery: A Personal Plan for Healing.

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Charles l whitfield (author of healing the child

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Charles whitfield - psychology wiki

Charles Whitfield is a medical doctor in private practice and addiction recovery, including Healing The Child Within A Personal Guide to Healing My Child

Resources diana saunders ma, lpc

The following are topics with resources recommended by me and my clients. Personal Growth. Recovery & Healing. Charles Whitfield, M.D.

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Resources

Some common client concerns are depression, anxiety, stress, personal growth, relationship difficulties, Grief and loss, trauma, life transitions and addictions.

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Free My Recovery: A Personal Plan for Healing ebook. Author: Charles L. Whitfield, M.D., is a physician and psychotherapist in private practice in Atlanta.

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