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According to the late Senta Maria Runge, Face Lifting By Exercise, nasolabial lines are more commonly caused by the collapse of the cheek muscles.

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### **The mike douglas show: november 6, 1970 - tv.com**

Nov 05, 1970 Episode 45 - November 6, 1970: Santa Maria Runge author of "Face Lifting with Exercise" and Henri Charriere author of "Papillion".

### **Eva fraser facial fitness on this morning -**

May 02, 2011 Facial exercises with expert Eva Fraser, as seen on ITV's This Morning program Oct 2010.

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### **Face fitness formula - official website**

40+ proven facial exercises to strengthen and tone more than 30 muscle groups in the face, I have given you the Face Fitness Formula to lose your face fat,

### **Yoga: a beautiful face enhancer - hubpages**

Written by Santa Maria Runge, it was called Face Lifting fold and eyebrow lift exercise. There is altogether too much pursing of the lips in facial yoga.

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