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By The Author By Sophia Delza**

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Les origines du taiji quan dans la littérature

structure of T ai Chi Ch an (Delza, DELZA, Sophia (1961), T'ai Chi Ch'uan. Body and Mind in Harmony. An Ancient Chinese Way of Exercise to Achieve

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Tai Chi chuan, An Ancient Chinese Way of Exercise to Achieve Health Body and Mind In Harmony . Title: T ai Chi Ch Body and Mind In Harmony Author

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O termo Wu style T'ai Chi Ch'uan utilizado na Wikipedia de l ngua inglesa, onde se pode ler: The Wu family style (Chinese: or ; pinyin: w sh or

Wu tang ch'uan | lugar de coincidência en

literally "internal school") is a term in Chinese martial arts, grouping those styles that his uncle was a disciple of the Wu school of t'ai chi ch'uan,

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Sophia Delza - Author: N/A T'ai Chi Ch'uan: Body and Mind in Harmony is a comprehensive survey of the age-old martial art, The Way of T'ai-Chi Ch' an

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The foremost work on the ancient Chinese art of T'ai Chi Ch' an in the English language is now even better. Master practitioner and teacher Sophia Delza has

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